



THE OFFICIAL
K-1 OPEN
WORLD AMATEUR CHAMPIONSHIPS

30 SEPT. - 2 OCT. 2016
ATHENS - GREECE

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<http://www.k-1.tv>

THE OFFICIAL
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WORLD AMATEUR CHAMPIONSHIPS

Open World Amateur Championships 2016
Athens - Greece
30 September – 2 October

Promoters

K-1 OFICIAL & Stelios Politis

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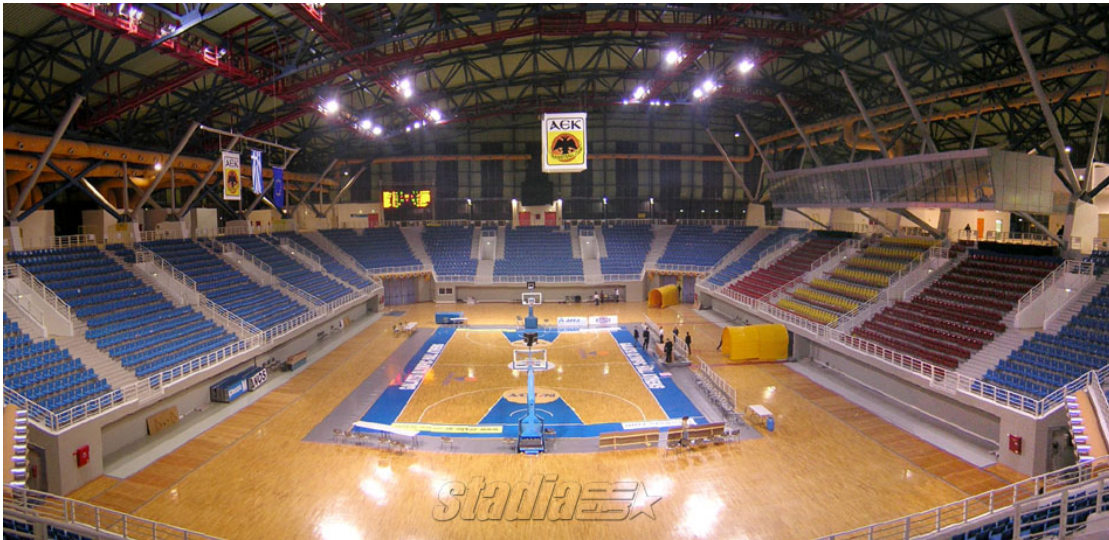
Venue

Galatsi Olympic Hall

Veikou Park , Galatsi



Exterior



Interior

Schedule

30 September Friday	12:00 – 21.00 20:30 – 22:00	Registration & Weight in Referees and Judges Meeting
1st October Saturday	09:00 – 18:00	Eliminations Rounds
2th October Sunday	09:00 – 15.00 20.00	Semifinals & Finals Special K-1 Fight night

Entry requirements

The K-1 Open World Amateur Championships is open to all competent competitive martial artists. Competitors must produce a personal insurance certificate or, if they don't possess it, they can do it for €10 during the weigh-in by previously communicating their personal information eselliou@gmail.com no later than 20 September 2016.

At registration and weigh in all competitors must produce passport or an identity document issued by the country/region which he represents, Photo ID (Passport, ID card, EU driving License), a Medical certificate/document signed by a qualified physician confirming the competitor is medically fit to compete. **Competitors must bring a health certificate** (not older than 12 months) or they will have to undergo a medical examination at the weigh-in and will be charged separately. The minimum age for competitors is 13 years in K-1 Light and 16 years in K-1. **All Competitors under the age of 18 years must provide written permission of a parent or guardian** (as in responsibility form pack).

The registration to the competition includes the acceptance that if some categories and weigh divisions will have an insufficient number of registered athletes, the organization could move them to other close categories and weight divisions.

Entrance fees

Pre-registration before 30th August 2016 - Registration until 23th September 2016

The K-1 Open World Amateur Championships is pre-entry only for competitors. All competitors must register before the 23 September 2016. After this deadline no more participation will be accepted.

Competitors Pre-registration (before 30th August) : € 50 (fifty euro)

Competitors Registration after 30th August until 23th September: € 60 (sixty euro)

Competitors extra category/division: → Pre-registration € 30 (thirty) each → Registration € 40 (forty) each

Every team who reserved the suggested hotels will have free entrance for all coaches.

Teams with less than 4 fighters, not in the suggested hotels, will receive 1 coach pass free of charge.

Teams with 4 or more fighters, not in the suggested hotels, will receive 2 coaches passes free of charge.

Spectators:

→ free entrance for the spectators who reserved the suggested hotels;

→ Other spectators/coaches: € 15 (fifteen euro) a day – € 25 (twentyfive euro) two days pass which will be paid at the registration desk.

For pre-entry and entry information please email: k1worldopen@gmail.com

For updates go to www.zenfightingclub.gr & www.k-1worldopen.com

All the participations will be paid at the registration desk on Friday 30 September 2016 . The penalty for cancelling any participation or changing kilo categories is 20 euro .

K-1 OPEN 2016

CATEGORIES & WEIGHT DIVISIONS

Cadets 13-15 years K-1 Light (3 x 1.5')

No.	Boys	No.	Girls
1	- 45 Kg	8	- 44 Kg
2	- 49 Kg	9	- 48 Kg
3	- 54 Kg	10	- 52 Kg
4	- 58 Kg	11	- 56 Kg
5	- 63 Kg	12	+56 Kg
6	- 67 Kg		
7	+ 67 Kg		

Cadets 16-17 years K-1 Light (3 x 1.5')

No.	Boys	No.	Girls
13	- 54 Kg	20	- 48 Kg
14	- 58 Kg	21	- 52 Kg
15	- 63 Kg	22	- 56 Kg
16	- 67 Kg	23	- 60 Kg
17	- 70 Kg	24	+60 Kg
18	- 77 Kg		

19 +77 Kg

Seniors 18-40 years K-1 Light (3 x 1.5')

No.	Men	No.	Women
25	- 63 Kg	32	- 52 Kg
26	- 65 Kg	33	- 56 Kg
27	- 70 Kg	34	- 60 Kg
28	- 77 Kg	35	+60 Kg
29	- 85 Kg		
30	- 95 Kg		
31	+ 95 Kg		

Veterans 41-50 years K-1 Light (Women until 45 Years) (3 x 2')

No.	Men	No.	Women
36	- 75 Kg	77	- 60 Kg
37	+ 75 Kg	78	+ 60 Kg

Cadets 16-17 years K-1 (3 x 1.5')

No.	Boys	No.	Girls
38	- 54 Kg	45	- 48 Kg
39	- 58 Kg	46	- 52 Kg
40	- 63 Kg	47	- 56 Kg
41	- 67 Kg	48	- 60 Kg
42	- 70 Kg	49	+60 Kg
43	- 77 Kg		
44	+77 Kg		

Seniors B Class K-1 18-40 years (3 x 2')

No.	Boys	No.	Girls
50	- 63 Kg	57	- 52 Kg
51	- 65 Kg	58	- 56 Kg
52	- 70 Kg	59	- 60 Kg
53	- 77 Kg	60	+60 Kg
54	- 85 Kg		
55	- 95 Kg		
56	+ 95 Kg		

Seniors A Class K-1 18-40 years (3 x 2' Eliminations 3 x 3' Final)

No.	Boys	No.	Girls
61	- 63 Kg	68	- 52 Kg
62	- 65 Kg	69	- 56 Kg
63	- 70 Kg	70	- 60 Kg
64	- 77 Kg	71	+60 Kg
65	- 85 Kg		
66	- 95 Kg		
67	+ 95 Kg		

Competition management

Stelios Politis , phone number : +306906993366
email : eselliou@gmail.com

K-1 Open Rules Summary

K-1 Light Cadets Boys & Girls 13-15 and 16-17 years:

Controlled light contact to head body arms and legs no spinning back fist or knee strikes to the head 3 x 1 ½ minute rounds eliminations and finals, scoring criteria will favour technique over aggression.

K-1 Light Seniors Men & Women 18-40 years, Veterans Men 41-50 & Women 41-45 years:

Controlled light contact to head body arms and legs no spinning back fist or knee strikes to the head 3 x 2 minute rounds eliminations and finals, scoring criteria will favour technique over aggression.

K-1 Cadets Boys & Girls 16-17 years:

K-1 Rules with exceptions, no spinning back fist or knee strikes to the head, standing eight counts, referees will give a standing eight count for even minor signs of distress, un-wiliness to compete or inability to defend, 3 x 1 ½ minute rounds eliminations and finals, standard K-1 scoring criteria.

K-1 Seniors B class Men & Women 18-40 years:

B Class Competitors must not have more than 10 fights and never competed in A class, records will be verified any competitor giving false information will be disqualified, K-1 Rules with exceptions, no spinning back fist or knee strikes to the head 3 x 2 minute rounds eliminations and finals, standard K-1 scoring criteria.

K-1 Seniors A class Men & Women 18-40 years:

K-1 rules all legal K-1 striking techniques allowed including spinning back fist and knees to the head 3 x 2 minute rounds eliminations and 3x3 minute round finals, standard K-1 scoring criteria (The A class division will be contested without head guards).

Compulsory Uniform and Equipment

K-1 Light Cadets Boys & Girls 13-15 and 16-17 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Light Seniors Men & Women 18-40 years, Veterans Men 41-50 & Women 41-45 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Cadets Boys & Girls 16-17 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Seniors B class Men & Women 18-40 years:

Vest or T-shirt, shorts, head guard, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

K-1 Seniors A class Men & Women 18-40 years:

Shorts, gum shield, groin guard, shin and instep protectors, 10 oz boxing gloves, clothing must be clean and in good repair.

Ring Female with Top or T-shirt. It is recommended that all female competitors wear breast protection.

Gloves for the finals provided by promoter.

Flag & Anthems

Please bring the CD of your National anthem, and two (2) national flags (72 cm x 120 cm).

Awards

Every competitor will receive the Official K-1 Open Participation Certificate, the Semi-finalist (last 4) in each division will be awarded medals as follows:

1st Place Gold medal;

2ndPlace Silver medal;

3rdPlace Bronze medal (x2 joint third).

Extra-EU citizens can come with own tourist visa

Hotels information and reservation will be sent as a separate archive and you will contact directly our travel agency which is the official partner of K-1 OPEN ATHENS.

TRAVELNOTE travel agency

Airports

Nearest international airport is Athens International Airport Eleftherios Venizelos .